

NEUROPSYCHIATRY AND BEHAVIORAL NEUROLOGY

Cognitive and neuroimaging trajectories in the behavioral variant of Alzheimer's disease

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Abstract

Background: The behavioral variant of Alzheimer's disease (bvAD) is a rare atypical presentation characterized by early and prominent behavioral changes, clinically akin to the behavioral variant of fronto-temporal dementia (bvFTD). The natural history of bvAD is poorly understood. This study investigates the progression of bvAD in a multinational cohort, comparing bvAD with matched bvFTD and typical AD (tAD) groups.

Method: We analyzed 81 bvAD participants from four centers and matched them by age, sex, and education to bvFTD ($n = 80$), tAD ($n = 81$), and controls ($n = 78$). Participants completed longitudinal clinical assessments and underwent repeated structural MRI. We combined neurocognitive variables into domain-specific composites. Furthermore, we extracted cortical thickness and volumetric MRI data using FreeSurfer and computed atemporal AD-signature and a frontal region-of-interest. Linear mixed models were used to evaluate cognitive and neuroimaging trajectories. The model coefficients are presented as standardized (β), and the effect is assessed through estimated marginal means (EMM).

Result: Demographic features are shown in Table 1. Subjects with bvAD exhibited significant decline in executive function ($\beta = -0.62$, 95%CI[-1.02, -0.22], $p = 0.03$, EMM=-0.19), memory ($\beta = -1.62$, 95%CI[-1.90, -1.33], $p < 0.001$, EMM=-0.49), language ($\beta = -0.95$, 95%CI[-1.31, -0.59], $p < 0.01$, EMM=-0.18), and visuospatial function ($\beta = -0.80$, 95%CI[-1.31, -0.28], $p < 0.05$) compared to controls. Compared to bvFTD, individuals with bvAD showed relatively greater memory ($p = 0.005$) and language ($p = 0.04$) preservation over time, while no significant differences were observed in visuospatial function ($p = 0.65$) or executive function ($p = 0.4$). In contrast,

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bvAD did not differ significantly from tAD in memory ($p = 0.1$), language ($p = 0.6$), visuospatial function ($p = 0.99$), or executive function.

Individuals with bvAD exhibited significant decline in the AD-signature ($\beta = -0.91$, 95%CI[-1.34, -0.48], EMM=-0.49) and frontal ($\beta = -0.66$, 95%CI[-1.16, -0.15], EMM=-0.29) regions-of-interest compared to controls. Compared to tAD, no significant differences were found in both regions of interest ($p = 0.61$, $p = 0.91$). Compared to bvFTD, individuals with bvAD showed significantly greater atrophy in the AD-signature regions ($p = 0.02$) and significantly less atrophy in frontal lobe ($p = 0.03$).

Conclusion: The progression of bvAD differs both cognitively and anatomically from bvFTD, while showing a progression pattern that is very similar to tAD. These results underscore the importance of investigating AD pathology in the context of cognitive-behavioral decline.

	Controls n=78	bvAD n=81	bvFTD n=80	tAD n=81	p
sex (%F)	28%	26%	25%	33%	0.99
Age at first assessment <i>mean(sd)</i>	64(6)	65(7)	64(8)	65(6)	0.7
Age of onset <i>mean(sd)</i>		62(7)	60(8)	61(7)	0.6
Disease duration at first assessment <i>mean(sd)</i>		3.7(2.2)	3.6(2.9)	4(1.9)	0.83

Table 1. Demographic features.

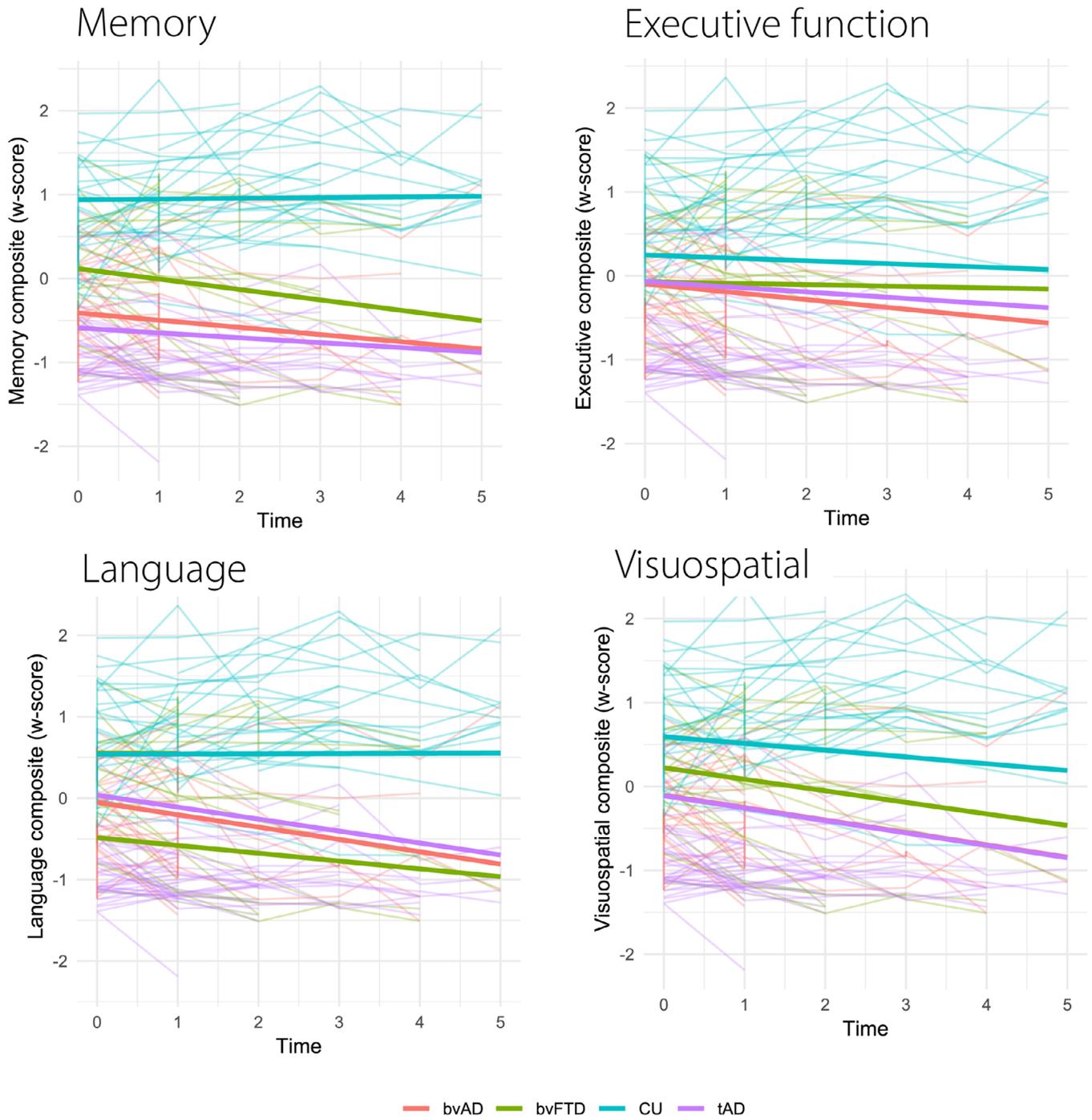


Figure 1. Cognition. Group comparison of cognitive composite scores over time

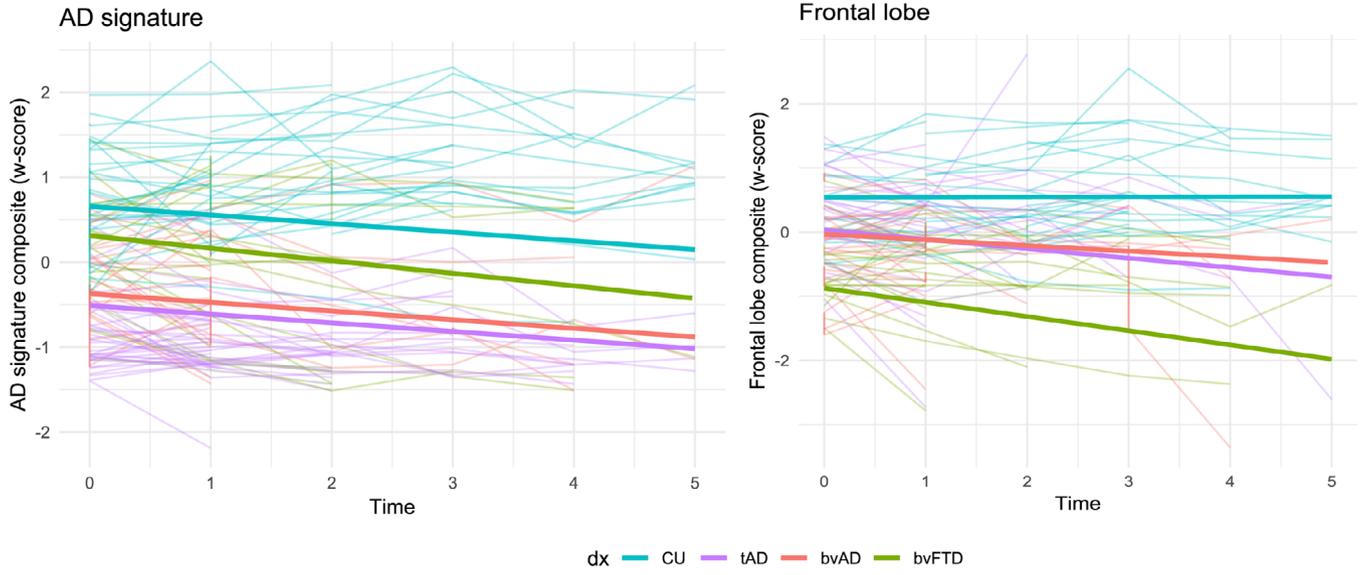


Figure 2. Group comparison of brain atrophy over time